

PE Calendar 2024-25

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 1 - personal				
FUNS	11, 12 (Rugby) 1, 2, 3, 5, 6, 7 (Gym)				
9 th Sept	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	
16 th Sept	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>
23 rd Sept	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>
30 th Sept	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>
7 th Oct	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>
14 th Oct	<p>Year 3/4</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p>	<p>Year 1/2</p> <p>Real PE FUNdaamental skills: Agility, Balance and Coordination</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>

	Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance	Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance			
21 st Oct	<p>Year 3/4 Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Year 1/2 Real PE FUNdaamental skills: Agility, Balance and Coordination</p> <p>Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance</p>	<p>Rugby (St. Ives Rugby Club) Year 3/4</p>	<p>Gymnastics (Penzance Gym Club) Year 5/6</p>	<p>Swimming Year 6</p> <p>Orienteering Year 5</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 2 – Social				
FUNS	Rugby: 11, 12 Net and ball: 6, 9, 10, 12				
4 th Nov	Gymnastics (Lucy) Year 3/4 https://app.realpe.co.uk/gym/year/3/unit/2	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
11 th Nov	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
18 th Nov	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
25 th Nov	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
2 nd Dec	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
9 th Dec	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6
16 th Dec	Gymnastics (Lucy) Year 3/4	Net and ball (Lucy) Year 5/6	Rugby (St. Ives Rugby Club) Year 1/2 Year 3/4 Real PE and orienteering	Gymnastics Year 1/2 https://app.realpe.co.uk/gym/year/1/unit/2	Swimming (Year 5) Orienteering Year 6

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 3 - Cognitive				
FUNS	Rugby: 11, 12 Striking and fielding: 4, 8, 9, 11, 12				
6 th Jan	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)
13 th Jan	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)
20 th Jan	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)
27 th Jan	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)
3 rd Feb	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)
10 th Feb	Striking and fielding (Lucy) (Year 5/6)	Striking and fielding (Lucy) (Year 1/2)	Rugby (St. Ives Rugby Club) Year 5/6 Year 1/2 Real PE and orienteering	Striking and fielding (Year 3/4)	Swimming (Year 3) Orienteering (Year 4)

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 4 - Creative				
FUNS	Cricket: 8, 9, 10, 11, 12 Track and field: 6, 12				
24 th Feb	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)
3 rd Mar	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)
10 th Mar	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)
17 th Mar	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)
24 th Mar	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)
31 Mar	Track and field (Lucy) (Year 5/6)	Track and field (Lucy) (Year 3/4)	Track and field (Year 1/2)	Cricket – chance to shine Year 1-6	Swimming (Year 4) Orienteering (Year 3)

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 5 - Physical				
FUNS	Rounders/cricket: 8, 9, 11, 12				
21 st Apr	Rounders/cricket (Lucy) Year 5/6	Rounders/cricket (Lucy) Year 3/4	Real PE FUNdaamental skills (Year 1/2): Agility, Balance and Coordination Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance	Dance	Swimming (Year 2) Orienteering (Year 1)
28 th Apr	Rounders/cricket (Lucy) Year 5/6	Rounders/cricket (Lucy) Year 3/4	Real PE FUNdaamental skills (Year 1/2): Agility, Balance and Coordination Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance		Swimming (Year 2) Orienteering (Year 1)
6 th May	Rounders/cricket (Lucy) Year 5/6	Rounders/cricket (Lucy) Year 3/4	Real PE FUNdaamental skills (Year 1/2): Agility, Balance and Coordination Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance		Swimming (Year 2) Orienteering (Year 1)
12 th May	Rounders/cricket (Lucy) Year 5/6	Rounders/cricket (Lucy) Year 3/4	Real PE FUNdaamental skills (Year 1/2): Agility, Balance and Coordination Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance		Swimming (Year 2) Orienteering (Year 1)
19 th May	Rounders/cricket (Lucy) Year 5/6	Rounders/cricket (Lucy) Year 3/4	Real PE FUNdaamental skills (Year 1/2): Agility, Balance and Coordination Foot work, jumping and landing, balance, ball skills, reaction/response, ball chasing and stance		Swimming (Year 2) Orienteering (Year 1)

	Monday	Tuesday	Wednesday	Thursday	Friday
Real PE theme	Unit 6 – Health and Fitness				
FUNS	Tennis				
2 nd June	Year 1/2	Year 3/4		Year 5/6 Tennis PZ Tennis club	Swimming (Year 1) Orienteering (Year 2)
9 th June				Year 5/6 Tennis PZ Tennis club	Swimming (Year 1) Orienteering (Year 2)
16 th June				Year 5/6 Tennis PZ Tennis club	Swimming (Year 1) Orienteering (Year 2)
23 rd June				Year 5/6 Tennis PZ Tennis club	Swimming (Year 1) Orienteering (Year 2)
30 th June				Year 5/6 Tennis PZ Tennis club	Swimming (Year 1) Orienteering (Year 2)
7 th July					Swimming (Year 1) Orienteering (Year 2)
14 th July					Swimming (Year 1) Orienteering (Year 2)

Sport Specific	Scheme
Cricket	Chance2Shine
Gymnastics	Penzance Gymnastics Club coach
Swimming	Swim England Scheme of Work delivered by trained instructors at Penzance Leisure Centre
Tag Rugby	England Rugby Curriculum
Tennis	IV tennis coaching – Penzance and Hayle Tennis Club

Year	Additional Offer
EYFS	Balanceability Chance2shine cricket
Y1	Balanceability Chance2shine cricket Tag Rugby
Y2	Chance2shine cricket Multi-skills festival Tag Rugby
Y3	St. Ives Cricket Club – Extra curricular Tag Rugby
Y4	St. Ives Cricket Club – Extra curricular Tag Rugby
Y5	Bikeability St. Ives Cricket Club – Extra curricular Surf day – Shore Surf (1 day) Lawn Bowls Tag Rugby Penzance Gym Blub (5 week block) Penzance and St. Ives Tennis Club (5week block)
Y6	St. Ives Cricket Club – Extra curricular Surf day – Shore Surf (1 day) Play Leaders training – Stay safe mentors Lawn Bowls Tag Rugby

	Penzance Gym Blub (5 week block) Penzance and St. Ives Tennis Club (5week block)
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	Additional offer for experienced/elite
Football	ESFA Small schools Competition
Swimming	Year 5/6 Penzance Swimming Gala
Athletics	Penwith Athletics Cornwall Athletics